

FALL, SPRING, AND/OR SUMMER SEMESTERS – 4 Credits		CREDITS	HOURS LEC/LAB
NAHA 1100	Introduction to Nursing Assistant/Home Health Aide	4	2/4

PROGRAM DESCRIPTION

The program prepares students for jobs in a variety of health care settings such as nursing homes, semi-independent living facilities, hospitals, group homes, and home care agencies. Responsibilities include skills in personal care, positioning, transferring, vital signs, and documentation.

The 4-credit course consists of lecture, lab, text work, group activities, and hands-on clinical in a long-term care setting and/or supervised lab practical. Upon completion of the course, students are eligible to take the Minnesota State Competency Examination. Successful completion of this test allows students to be certified and placed on the Nursing Assistant Registry for the State of Minnesota.

PROGRAM OUTCOMES

- Students will demonstrate an understanding of the qualities unique to the care of an aging population.
- Students will demonstrate an understanding of ethical behavior in health care.
- Students will demonstrate skills in nursing care for the elderly in long-term and home care settings.

ACCREDITATION

Introduction to Nursing Assistant/Home Health Aide is approved by the Minnesota Department of Health.

PROGRAM NOTES

- This course is a prerequisite requirement for the Practical Nursing Diploma and Nursing AS programs.
- Differential tuition is assessed for the NAHA course.

MISSION

Minnesota North College prepares lifelong learners and engaged citizens through inclusive, transformative experiences reflecting the character and natural environment of the region.



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